



The Volunteering News



BEE THE CHANGE BEE A VOLUNTEER

WHAT'S ON IN HAVERING

Volume 1, January/February 2020

CHARITY
QUIZ
Night

TUESDAY 28TH JANUARY

£22.50 FOR A 3-COURSE SEATED BUFFET
(PAPADUMS, STARTERS, MAINS)
STARTS 7PM | £5 PER PERSON WILL BE DONATED TO CHARITY

TANDOORI LOUNGE
PUNJABI CUISINE



BOOK NOW: 01708 564 767 | 185 HIGH STREET, HORNCHURCH, RM11 3XS

Join us on the 28th January at the Tandoori Lounge Hornchurch for a night of fun and fundraising.
Booking, dietary requirements and payment required by the 20th January via Havering Volunteer Centre.



**YOUR 2020 VOLUNTEERING
ADVENTURE IS WAITING
FOR YOU!**

HAVERING VOLUNTEER CENTRE
01708 922 214 | VOLUNTEERING@HAVERINGVC.ORG.UK | WWW.HAVERINGVC.ORG.UK

Havering Volunteer Centre News

WELCOME 2020!

As we head into the year ahead it's always good to look back and reflect on the past year.

2019 has been no different for HVC compared to others, it's been busy, exciting and there has been highs and lows. What has remained the same is the amount of interest in volunteering and our own wonderful team of volunteers that help keep our services going strong.

2019 saw just over 1000 volunteers engage with our services and over 1600 referrals to voluntary services. Just over 50 people registered to undertake a Level 2 vocational qualification; everyone passed their course and then went on to secure volunteering, employment or higher education.

HVC also received a Team London nomination for our training provision and our team from Network Rail, won an award for their Gift of Time under the Employee Supported Volunteering category, for supporting HVC restore and maintain the Secret Garden for the Blind.

What does 2020 hold for HVC?

Fundraising is high on our agenda this year. HVC will be holding lots of events to help generate some much needed funds to support our activities and are also looking for people who would like to host events on our behalf. If you fancy a challenge and could help us by organising a fundraising event or sponsored walk, jog or run then we would love to hear from you!

Ultimately for HVC, 2020 will be all about getting more of the community involved in volunteering, keep your eyes peeled for our events and fayres and if you overhear anyone thinking about volunteering, send them our way!

HAPPY NEW YEAR FROM EVERYONE AT HVC!



Havering BME Forum

WELCOME DROP-IN CENTRE

From 2nd of September 2019
EVERY MONDAY
from 3-5pm

At
Havering Volunteer Centre,
32-34 High Street,
Romford, RM1 1HR

Come and find out what Havering has to offer
and meet other like minded people
over a light refreshments

Want To BEE Part Of Something Bigger?



WE HAVE LOTS OF OPPORTUNITIES WAITING FOR YOU!

Tel: 01708 922 214 Email: Volunteering@haveringvc.org.uk

Web: www.haveringvc.org.uk

For a full list of available volunteering opportunities please visit
www.haveringvc.org.uk/volunteer



Training

Removing Barriers to Volunteering

Tuesday 28th January 2020
10am-4:30pm

Are you missing out on getting many more volunteers?

Are you worried about engaging volunteers because of the level of support they'll need?

For more information or to book your space contact
Kay@epitomeconsultancy.co.uk

Havering Association for People with Disabilities



Whittaker Hall, 1a Woodhall Crescent, Hornchurch, Essex, RM11 3NN
Phone: 01708 476554 Text 07599 998103
E-mail: admin@hadhavering.co.uk Website: www.hadhavering.co.uk



Propelling your Health Journey

Come on a journey with HAD and Silver
Line Therapies to a place of wellbeing

We are running a course of group counselling sessions all
with the aim to increase your own wellbeing.

Session 1-Self Esteem 13th January 2020
Session 2-Mental Health 10th February 2020
Session 3-Panic Attacks/Anxiety 9th March 2020
Session 4 - Bereavement 20th April 2020

Places are limited so booking is essential



For more information contact
HAD on 01708 476554 or email
Admin@hadhavering.co.uk



FIVE REASONS TO VOLUNTEER IN THE NEW YEAR

1. YOU'LL BE SUPPORTING YOUR COMMUNITY
2. THERE IS A ROLE TO SUIT EVERYONE
3. YOU'LL BE EMBARKING ON A BRAND NEW JOURNEY
4. VOLUNTEERING WILL BRING PERSONAL BENEFITS
5. YOU'LL BE MAKING A REAL DIFFERENCE

REGISTER TO START YOUR NEW YEAR ADVENTURE:

<http://www.haveringvc.org.uk/register/>

