



The Volunteering News



BEE THE CHANGE BEE A VOLUNTEER 2021 SPECIAL EDITION

Volume 2, October 2021

**DID YOU KNOW WE HAVE A
FACEBOOK AND TWITTER PAGE?**



**Keep up to date on all that we are
doing by following us on our social
media accounts:**

**Find us on Twitter:
@Havering_VC**

**Find us on Facebook:
@HaveringVC**



Havering Volunteer Centre News

It is never a dull moment for Havering Volunteer Centre and just when we think it's time for a breather, the next aid request lands (usually in our inbox)!

This time it came in the call for support in the wake of the crisis in Afghanistan, our partners from the London Voluntary Community Emergency Partnership asked for Havering Volunteer Centre to be a central point for donations and collections.

In just 2 days the residents of Havering donated in excess of 1000 bags of good quality items for redistribution to Afghan families. HVC stood in total shock at the sheer volume of donations, the kindness and community coming together to help fellow human kind.



HVC have been present at Community Cohesion Meetings for the past 2 years, discussing ways to get the community active, feeling part of the borough and ultimately connected and compassionate – in 2 days and with an army of volunteers dedicated to sorting, we feel as though this demonstrates our loving, caring community.

HAVERING ASSOCIATION FOR PEOPLE WITH DISABILITIES
Whittaker Hall, 1a Woodhall Crescent, Hornchurch, Essex, RM11 3NN
Phone: 01708 476554
admin@hadhaving.org.uk Website: www.hadhaving.org.uk



**Monday 25th
October 2021**



at
The Crumpled Horn Pub - Upminster
You are all invited

Arrive 6.30pm for 7pm start ~ 10pm finish

Tables of 8 maximum

Ticket Price £6.00 per person.

Price includes Sausage or Chicken Nuggets and Chips,
with a slice of bread and butter

To book your place or table
please call 01708 476554

Adult only event



A registered Charity No: 1089188 Company limited by guarantee
Registration No: 4204554 England Registered office as above

DID YOU KNOW HVC HAS AN AMAZON SMILE PROFILE?



Amazon Smile is a quick, simple and hassle free way of generating small donations for your chosen charity and the best bit – it costs you nothing – Amazon cover the donations!

How to use Amazon Smile on a web browser:

1. Visit Smile.amazon.com
2. Sign in with the same account you use for amazon.com
3. Select your charity: Havering Volunteer Centre
4. Start Shopping – Remember to use the Amazon Smile site to start generating donation otherwise it doesn't count.

SECRET GARDEN FOR THE BLIND

Havering Volunteer Centre have been looking after a wonderful garden for the blind in Harrow Lodge Park since 2016 and have formed a Friends of Group to support the aims of the garden. The garden has really come into the spotlight this year by way of receiving a Level 5 Outstanding award via the London in Bloom judges.

Everyone involved in maintaining the garden is immensely proud of this achievement if you haven't been to take a look please pop along.



JOIN OUR VACCINE VOLUNTEER TEAM



We are looking for volunteers to join our vaccination volunteer team at the Raphael's and Hornchurch sites.

Usually the shifts are around 4 hours both weekdays and weekends, all we need is a couple of forms and you'll be volunteering before you know it!

If you are interested please let us know by calling or emailing the team: 01708 922214 or volunteering@havingvc.org.uk

VOLUNTEERS NEEDED



This year HVC are hosting a present wrap fundraiser in the heart of Romford and are looking for volunteers this festive period to help with wrapping presents, meeting, greeting and handing out leaflets! For more information or if you would like to get involved please email volunteering@havingvc.org.uk



A WORKING SMOKE DETECTOR SAVES LIVES!

When was the last time you checked to see if your smoke alarm works? A quick 5 second check could just save a life!

MUM'S GUIDE TO ROMFORD



The Mum's Guide to Romford is a fantastic tool to use all year round and here's the secret – it's not just for mum's!!

If you look after or care for little ones or would just like to know about local services or events then this is a really good place to start! Head over to

<https://www.mumsguideto.co.uk/romford/> and see for yourself how amazing it is!

CUT DOWN ON WASTE AND PACKAGING



ARE YOU LOOKING TO RECRUIT VOLUNTEERS FOR YOUR SERVICES?

HOW
can we help you?

All we need is your volunteering role description and we'll do the rest for you!

Top Tip: Be specific in what you are looking for or any skills needed as this helps us to match volunteers to your needs.

HAVERING COMMUNITY COHESION FORUM



In 2018 the London Borough of Havering launched a Community Cohesion Strategy with the hope of fostering good community relationships and how to go about nurturing and promoting a cohesive, healthy and optimistic Borough. There is a crucial practical element which involves the roll out of a series of projects which are community facing, designed to encourage all community groups to interact and get to know each other. If you would like to get involved and be part of the forum whether that is as a resident, voluntary organisation or business; please email Jess.Finnin@havering.gov.uk for the next forum dates.

HAVERING VOLUNTEER CENTRE'S AGM

Each year we hold an Annual General Meeting to share an overview of how the past year has been for us. Our AGM will be held in January 2022, with a date, time and venue to be confirmed.

If you would like an invitation to attend please send us an email registering your interest to vounteering@haveringvc.org.uk

AGM

Annual General Meeting

SANTA IS BACK FOR 2021



Santa will be returning to his grotto on the first floor of Romford Shopping Hall from Saturday 27th November – Please visit the Romford Shopping Hall Facebook page for booking information

MESSAGES OF LOVE THIS CHRISTMAS

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SECRET GARDEN FOR THE BLIND HARROW LODGE PARK RM11 1JU

During 2021 the Friends of the Blind Garden and Havering Volunteer Centre created a memorial spot within the garden, which is a tranquil space to seek solace.

At the request of those visiting the Friends of Group we are offering the opportunity to utilise the whole garden as a memorial space this Christmas.

Hand written messages of love will be placed into a clear bauble, sealed with love and then located within the Garden for the Blind in Harrow Lodge Park from 1st December 2021 until 15th January 2022.

To complete your message please visit Havering Volunteer Centre at 32-34 High Street, Romford, RM1 1HR or call 01708 922 214 for more information.

MEMORIAL MESSAGE BAUBLES ARE £1.50 WITH ALL PROCEEDS GOING TO THE GARDEN FOR IT'S UPKEEP

CN:1165759

COP26 – WHAT IS IT AND HOW YOU CAN GET INVOLVED



In November, the UK will host an event many believe to be the world's last chance to get climate change under control.

COP stands for 'Conference of the Parties' and this year will be the 26th annual summit, giving it the name COP26.

In the run up to COP26 the UK is working with every nation to reach agreement on how to tackle climate change.

There are lots of ways that we can all play a part in tackling climate change, reducing our carbon footprint and becoming greener, here are some ways you can get involved:

- Help keep your area clean and tidy by picking up litter
- Walk or cycle more and use the car less
- House plants are a great way to create cleaner air
- Encourage Bees – Plant wildlife flowers or meadow borders to support the pollinators
- Up-Cycle your wardrobe, reuse, remake and mend your old or worn clothing
- Add a water butt to your garden to recycle rain water rather than using your hose pipe
- Go Green – Cutting meat from your diet 1 day a week reduces the carbon footprint
- Turn your engine off to prevent idling when waiting in car parks or pick up points – idling for 1 minute fills up 150 balloons with carbon dioxide
- Turn off lights and appliances when you're not using them
- Spread the word and talk about the changes you are making!

Engine idling produces up to 150 balloons of exhaust emissions every minute

#DontBeIdle

VOLUNTEERING ROLE OF THE MONTH



Little Angels Carers & Toddler Group – If you love being around young children and want to be involved in their early development and help with painting and sticking as well as many other roles then this is perfect for you!

HM Government

REMEMBER, REMEMBER THIS BONFIRE NIGHT

- Only buy fireworks from licensed sellers
- Read instructions carefully
- Keep fireworks out of reach of children
- Use only one firework at a time
- Only use one sparkler at a time and never in a crowded space

NHS

- Stay at least 8 metres away from garden fireworks and 15 metres away display fireworks
- Hold sparklers at arm's length
- Never give a sparkler to a child under 5
- Wash hands, cover face, make space