



The Volunteering News



BEE THE CHANGE BEE A VOLUNTEER



IT'S TIME TO VOLUNTEER!



What's On In Havering

Havering Over 50s Forum

HOFF are a non-political organisation who offer a platform where the over 50s can find information and raise concerns. They meet every 2nd Tuesday of the month at the Council Chambers, Town Hall. Visit www.havo50forum.org for more information

Di's Diamonds Coffee Morning

Every Second Monday of the month 10am-12pm held at Havering Volunteer Centre, New members welcome

Volume 4, July/August 2019

Havering Volunteer Centre News

Volunteers Week 2019

The beginning of June is always a really exciting and busy time for us all here at the Volunteer Centre as we welcome the month of June with National Volunteers Week. Volunteers Week is an extra week of the year that Volunteer Involving Organisations get to say an extra big thank you for all the support volunteers give to services and also promote what they do.

This year we held events every day of the week, kicking off Volunteers Week with an open house, followed by a Diversi-TEA, We Value You, Volunteer Pizza Party and Tesco Outreach event.

Volunteers are incredible people who selflessly give their time to so many causes in the borough, for all those that volunteer:

WE THANK YOU FOR EVERYDAY!



Volunteering and Benefits

There is a belief that you can't be in receipt of benefits and volunteer – this is not true! You can volunteer while claiming state benefits and can volunteer as many hours as you like as long as you keep to the claimant agreement, you can speak with your adviser if you are unsure what these are.

The volunteering you undertake must comply with the government's definition of volunteering which is 'when you choose to give your time and energy to benefit other people without being paid for it'.

It is really important that you inform your adviser that you intend to undertake some volunteering, they may ask you to complete some forms and also ask for the contact details of the organisation you wish to volunteer for.

Remember volunteering benefits employability and the two go hand in hand.

For more information contact us at Volunteering@havigvc.org.uk



Romford Pride returns to South Street and will start at Romford Train Station and head towards Romford Market 12pm Saturday 27th July



25th & 26th August
 Harrow Lodge park, Hornchurch
 11am-7pm
 £3 per day advance booking
 £4 per day at the gate

**The Havering LGBT+ Social
 Afternoon Group**

Meets the first Tuesday of every month
 2pm-4pm at Havering Volunteer
 Centre for more information contact
 Alan 07757 122749



Havering Carers' Hub are here to
 provide support to those caring for
 adult loved ones – if you would like
 some information about what they can
 offer visit their website
www.haveringcarershub.org.uk



Part of RHS BRITAIN IN BLOOM

The very best of luck to all those that
 have entered this year's London in
 Bloom – Havering is looking very
 pretty

Want To BEE Part Of Something Bigger?



BEE THE CHANGE
 BEE A VOLUNTEER!



WE HAVE LOTS OF OPPORTUNITIES WAITING FOR YOU!

Tel: **01708 922 214**

Email: Volunteering@haveringvc.org.uk

Web: www.haveringvc.org.uk

For a full list of available volunteering opportunities please visit
www.haveringvc.org.uk/volunteer



Team London Awards 2019

Nominate an outstanding volunteer or team
 by the 26th July 2019 by visiting
www.london.gov/mayor-londons-volunteering-awards

Friends of the Secret Blind Garden

Since 2016 Havering Volunteer Centre, with a team of volunteers and our corporate friends from Romford Network Rail have transformed a community garden in Harrow Lodge Park in to a beautiful safe haven for the visually impaired.

The Garden for the Blind is the only outdoor designated space in Havering for the visually impaired and sits in a corner next to Havering Mind, it's relatively unknown to most people, which is why we call it the 'Secret Blind Garden'.

Over the years we have received many donations to keep the garden thriving, from seeds, to plants and monetary donations for equipment, it's incredible how this garden touches people's heart.

Unfortunately the past couple of months we have noticed some vandalism in the garden, which is truly upsetting for those that love it but we are not going to let them beat us!

If you would like to know how to get involved with the garden or would just like to go over for a visit please get in touch with us, the space is there for everyone to enjoy and we hope that we can keep it the beautiful safe haven it has transformed into.

