How to ...

## become a Volunteer





## Through volunteering you can:

- · Make a difference in your community
- Learn new skills or make use of existing ones
- Gain experience in an area of work that may lead to employment
- Support an organisation close to your heart
- Receive training and gain qualifications
- Gain references to use in job applications
- Meet new people and have fun

Volunteering is about freely giving your time to do something useful to help an organisation or individual.

## What's important to you?

There are organisations doing all kinds of work, so look for an organisation that suits your skills, interests and be sure to get involved in something that you enjoy.

If you are not sure what sort of work you would like to do, contact the volunteer centre to find out about the range of opportunities available locally.

It is probably best to start with a few hours of volunteering and increase this gradually.

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